

NOVEMBER 2022 LUNCH MENU 1130-0001

1-5 YR. OLDS

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Parmesan Brown Rice (WGR) Cooked Carrots Mandarin Oranges	Fish Shapes Dinner Roll (WGR) Broccoli Fruit Cocktail	Grilled Cheese Sandwich (WGR) Zucchini Pears	Sunbutter & Jelly Sandwich (WGR) Pineapple Carrots * Cooked Carrots
7	8	9	10	11
Meat Loaf Bread & Butter (WGR) Green Beans Mixed Fruit	Sweet & Sour Meatballs Brown Rice (WGR) Green Salad *Peas Applesauce	Grilled Ham and Cheese (WGR) Mashed Potatoes Pears	Goulash Corn Mandarin Oranges *Peaches	Tortilla Pizza w/ Cheese Pears Green Salad *Peas
14	15	16	17	18
Diced Chicken Brown Rice (WGR) Applesauce Corn	Spaghetti w/ Meatballs Bread & Butter (WGR) Broccoli Mixed Fruit	Hot Turkey Dinner Roll (WGR) Stuffing Squash Apple Pie	Hamburger on a Bun (WGR) Peas Pears	Fish Shapes Bread & Butter (WGR) Carrots Peaches
21	22	23	24	25
Chicken Nuggets Buttered Noodles Corn Apples *Applesauce	Sunbutter Sandwich (WGR bread) Carrots Peaches	Cheese Pizza (WGR crust) Green Salad Pears	EACN CLOSED	EACN CLOSED
28	29	30		
Sunbutter & Jelly Sandwich (WGR) Green Beans Peaches	Chicken Stir Fry w/ Veggies Brown Rice (WGR) Mandarin Oranges *Banana	Black Bean Taco (WGR) w/ Cheese Corn Mixed Fruit		

*INFANTS AGES 1-2

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED
SKIM MILK (2-5yrs), WHOLE MILK (1-2) IS SERVED WITH LUNCH